

ABR TEST INSTRUCTIONS

Dear Parent or Guardian:

Your child has been scheduled for an Auditory Brainstem Response (ABR) examination that can last up to 2 hours. It has no risks, it is not invasive, and it is not painful. This is a type of hearing test that is routinely performed on infants to estimate how well they can hear. This is done by placing stickers on their head and on their ears and measuring the way the child's hearing nerve responds to different sounds. The responses are very small, and difficult to detect when the infant is moving. **As a result, the testing can only be completing if your child is sleeping during the appointment. To help make this happen, please follow the instructions below:**

- Keep your child up late the night before the exam and wake them up early.
- Try not to allow your child to nap before the exam. Keep your child awake in the car on the way to the clinic. It may be useful to bring someone else with you to help keep them awake as you drive.
- Bring your child to the appointment hungry. Feed them after the Audiologist brings you back to the exam room. This will help them fall asleep for the test. There will be plenty of time for your child to eat during the appointment, so please be prepared to feed them at the clinic.
- Please do NOT bring other children to your child's appointment.
- Please refrain from applying moisturizers or lotions to the baby's head or neck on the day of the appointment.

If your child is unable to fall asleep during the appointment, it will have to be rescheduled.

We will be contacting you the day before the exam to confirm the appointment. If you are unable to confirm by 4:00 pm that day, your appointment will be rescheduled.

If you have any questions, please feel free to call (907) 456-7768, Monday - Friday from 9:00 AM - 5:00 PM.

Thank you!

Sincerely,
Fairbanks Hearing and Balance Center